

Info & Referral for Mental Health Care



Substance Abuse and Mental Health Service Abuse: Treatment Locator

www.findtreatment.samhsa.gov/locator

Find information on mental health counseling, substance abuse services, healthcare centers and veteran affairs



Psychology Today

www.psychologytoday.com

Locate local mental health therapists and psychologists

HelpPRO: Resources Within Reach

www.helppro.com

Locate local mental health therapists and psychologists



United Way

www.211unitedway.org

Find information on counseling, inpatient/outpatient mental health services, and residential treatment centers



Depression and Bipolar Support Alliance

Depression and Bipolar Support Alliance

www.dbsalliance.org

Locate in-person support groups for those living with depression or bipolar disorder and discover how to join an online network of parents of affected individuals



National Alliance on Mental Illness

www.nami.org

Find information on support groups for those living with a mental health condition and their family members

Bleeding Disorder Resources



Wingmen Foundation

www.wingmenfoundation.org

The Emotional Health Outreach Program of the Wingmen Foundation provides one on one counseling for hemophilia A and B patients.



The Bloodstream Podcast

www.bloodstreampod.com

The Bloodstream Podcast, hosted by Patrick James Lynch CEO of Believe Limited, takes a 360-degree look at the bleeding disorders community. In addition to relevant news, interviews and informed opinions, the podcast now includes a monthly mental health segment.