



# Customized Presentations on Mental Health

Mental Health Matters Too understands the diversity of the bleeding disorders community. We are able to customize a presentation on the following topics:

- Grief and loss
- Resilience
- The impact of a chronic condition on the various stages of life
- Coping skills for teens
- **BONUS!** Mental Health Resource Guide for the Bleeding Disorders Community

For more information, contact us at [debbie@mhmttoo.com](mailto:debbie@mhmttoo.com) or 832-689-9434.